

Children of Divorce - Bill of Rights

We hold these truths to be self-evident by every person in America that all children

are born into this world and endowed by their creator with certain inalienable rights among which are the right to life, happiness, and the security of frequent contact and love of both of their parents regardless of their parent's past, present, or future marital status.

Article 1: All children of divorce have the right to, openly and without fear of any kind, be able to express their love and affection for both Mom and Dad equally.

Article 2: All children of divorce have the right to never be blamed in any way for their parent's divorce or separation.

Article 3: All children of divorce have the right to feel secure and loved by both parents and to be cared for properly both emotionally and financially.

Article 4: All children of divorce have the right to be listened to and accepted as a person with feelings and needs.

Article 5: All children of divorce have the right to be informed of important decisions affecting them and the reasons as to how and why those decisions were made.

Article 6: All children of divorce have the right to never be placed in a position by anyone to have to choose between either of their parents or to be made to take sides for or against either of them.

Article 7: All children of divorce have the right to be able to heal properly, without undue additional stress and suffering from the hurt, pain, and anger that accompanies a divorce or separation.

Article 8: All children of divorce have the right to be properly educated about divorce and helped to understand that their parents are human too and are also experiencing great personal hurt, anger, and pain.

Article 9: All children of divorce have the right to remain active in both of their parent's lives and to have as much physical and emotional contact with each of them as reasonably possible.

Article 10: All children of divorce have the right to be loved by both of their parents unconditionally.

Carrie L. Campbell, LMFT

Marriage & Family Therapy, Inc.

www.carriecampbell.com